

PRACTICE LOG

Lesson Day	warm ups	BPM	med. challenge	big challenge	Easy	Fun	...
2							
3							
4	Closed major and major Pentatonic scales D minor pentatonic 11th fret plus high E string	90•	Flor D'Luna Rhythm 90 bpm	Flor D'Luna Lead 90bpm		Montuno p19 no. 13	70 min
5	Closed major and minor pentatonic scales up to 1st string start on 13th fret.	60ish	Flor D'Luna Rhythm	Fingerpick minor montuno on strings 1-3		Montuno p19 no. 13, 14, 19	45 min
6							
7							
Lesson Day	A and B major pentatonic and blues, 6th string through 1st string.	100, 110	A, B, D minor pentatonic and blues 6th string to high 1st string	Dm, Em7b5, A7/E on 1st fret. Montunos p18, ex 10.			85 min
2	Ab and Bb major, pentatonic and blues 6th through 1st string. C major.	90		Montunos p18, ex 10. Working on using 4, then 3 fingers through the melody.			60 min
3	A major, minor pentatonic and blues 6th to high 1st string	90	Montuno melody p18, ex 10 play chords as 3-2 clave	Montuno melody p18, ex 10 play melody notes as triads, then individual notes.		You're My Best Friend	80 min
4	G major 6-2 string, G major pentatonic 6-high 1 string. Cm and C 3-1 string	110	Montuno melody p18, ex 11 play chords to practice finer positions				60 min
5							
6	G major pentatonic and blues 6-high 1 string. C and Cm 3-1 strings	110	Fingerpick chords montuno melody p18 ex 11 (Cm,Fm,G,Fm,G,Fm,Cm,Fm)	Play montuno melody p18 ex 11 Play montuno melody p18 ex 10 & 11 alternating	Play montuno chords ex 10 & 11 alternating	You're My Best Friend Flor D'Luna chords and melody	90 min
7							